



PERSONAL BEST

□15k-45:12

20k-1:01:24

⇒Half Marathon-1:04:04

⊃5k-14:15

210k-29:33

10 Mile-48:06

⇒25k-1:17:15

⇒Marathon-2:14:22

Hansons 2015

Mike

Morgan

Focus: Marathon

Age: 35

D.O.B: 02.20.1980

Height: 5' 7"

Weight: 115 lbs.

Years Run: 21

Hometown: Lincoln, NE

USATF # 1502980459

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INSONS-Brooks Athle1

CAREER HIGHLIGHTS

Lincoln Pius X High School

14th place, 1996 Nebraska State High School Cross Country Meet 15th place, 1997 Nebraska State High School Cross Country Meet

Nebraska Weslevan University

3 time NCAA Division III All-American

4th place in 10,000m at the 2003 NCAA Track Championships 30:18

7th place in 5000m at the 2003 NCAA Track Championships 14:31

28th place at the 2002 NCAA Cross Country National Championships

Collegiate Champion at the 2003 Drake Relays On The Roads Race

11 time GPAC/NIAC All Conference Team

2 time GPAC Conference Champion (XC, 10,000m)

Professional (Hansons-Brooks ODP Athlete Since August 2005)

13th place at 2014 BAA Boston Marathon, Boston, MA 2:14:40

6th place at 2012 USA Half Marathon Championships, Duluth, MN 1:04:08

17th place at 2012 US Olympic Marathon Trials, Houston, TX 2:14:22

31st place at 2011 IAAF World Championships in Athletics, Daegu, S. Korea 2:18:35

11th place at 2010 Bank of America Chicago Marathon, Chicago, IL 2:14:55

Official pacer at the 2010 Virgin London Marathon

4th place at 2009 California International Marathon, Sacramento, CA 2:15:27

4th place at 2008 US Marathon Championships, Minneapolis, MN 2:17:58

12th place at 2007 US Olympic Marathon Trials, New York, NY 2:16:28

23rd place at 2007 IAAF World Championships in Athletics, Marathon, Osaka, Japan 2:23:28

15th place/5th American at 2006 LaSalle Bank Chicago Marathon, 2:15:11 (debut) Chicago, IL

Top American Finisher at 2006 Boilermaker15k, 14th overall, 45:48, Utica, NY

1st place at 2006 Dam to Dam 20k, Des Moines, IA 1:01:24

5th place at 2006 USA 25k Road Race Championships, Grand Rapids, MI 1:17:15 2005 RRCA Roads Scholar Recipient

49th place at 2005 IIAF World Half Marathon Championships, Edmonton, Canada 1:06:46

8th place at 2005 USA 20k Road Race Championships, New Haven, CT 1:01:41

6th place at 2005 USA 25k Road Race Championships, Grand Rapids, MI 1:18:29

16th place at 2005 USA 10-mile Road Race Championships, Louisville, KY 49:29

8th place at 2005 USA Half Marathon Championships, Houston, TX 1:04:48 19th place at 2004 USA 10k Road Race Championships, Mobile Al 29:48

11th place at 2004 USA Half Marathon Championships, Kansas City, MO 1:08:26

3 Time Lincoln/All Sport Half Marathon Champion (2004,2005, 2007)

2004 Drake Relays On The Roads Champion 24:11

Winner of 16 of 17 Lincoln (NE) Road Races

[For more information log onto www.Hansons-Running.com]