



# PERSONAL BEST

⊃ 3,000m - 7:54 (i) (04/12)
⊃ 5,000m - 13:32 (05/12)

⊃10,000m - 28:08 (06/12)

# Hansons 2012

Jake Riley Focus: 10k and short road races Age: 23 D.O.B: 11/2/88 Height: 5'11" Years Run: 9 Hometown: Bellingham, WA



USATF #:

Address:

638 Bloomer Road Rochester, MI 48307

### **CAREER HIGHLIGHTS**

Hansons-Brooks ODP (Rochester, MI) – June 2012 13<sup>th</sup> Olympic Trials 10,000m Qualified for Olympic Trials 5000m

### Stanford University (Palo Alto, CA)

All-West Region in Cross Country; 2008, 2009, 2010, 2011 10 time All-Pac 10 Conference 8 time All-American Placed 8<sup>th</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> in the 10,000m at NCAAs (2009, 2010, 2011) 6<sup>th</sup> at NCAAs in cross country (2010) Part of 2008 3<sup>rd</sup> place XC team, 2010 4<sup>th</sup> place XC team 2 time Academic All-American

### Sehome High School (Bellingham, WA)

3<sup>rd</sup> 2005 WA 3A XC meet State Champion 2006 WA 2A XC 3<sup>rd</sup> Footlocker west, 14<sup>th</sup> Footlocker Championships (All-American 4<sup>th</sup> 1600m, 2<sup>nd</sup> 3200m 2007 WA 2A track

[For more information log onto www.Hansons-Running.com]

An environment for the long run!