# Melanie Brender

## **PERSONAL BESTS**

- **3**k − 9:42 (01/15)
- ⇒ 5k 16:35 (4/15)
- ⇒ 8k (Road) 27:55 (09/15)
- **⇒** 10k − 33:53 (3/15)
- ⇒ Half Marathon 1:14:38 (10/15)
- ⇒ Marathon 2:51:34 (2/16)

#### Hansons-Brooks 2016

Focus: 10k-Marathon

Age: 23

D.O.B: 9/26/92

Height: 5'3"

Weight: 100 lbs

Hometown:

Sterling Heights, MI

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Rochester Hills, MI 48306

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## Hansons-Brooks ODP (Rochester, MI) August 2015-present

2016 Olympic Marathon Trials Qualifier

2<sup>nd</sup>, 2016 Jacksonville Half Marathon

2<sup>nd</sup>, 2016 Battle Road Twilight Series 10k

3rd, 2015 Playmakers Autumn Classic 8k

### Michigan State University (East Lansing, MI) August 2010-May 2015

1st, 2015 Raleigh Relays 10k

5<sup>th</sup>, 2015 Big Ten Conference Championship 10k

3rd, 2014 Raleigh Relays 10k

2<sup>nd</sup>, 2013 Hillsdale Gina Relays 10k

1x NCAA National Champions, MSU Cross Country (2014)

4x Big Ten Team Champions, MSU Cross Country (2010, 2011, 2013, 2014)

1x Big Ten Team Champions, MSU Track & Field (2015)

